

**Baycities Lomita Winter/Spring 2020 Growth Groups**  
**Series: “Rediscovering The Family” Part 2**  
**Theme: “We Just Don’t Seem To Communicate”- Week of Mar. 1, 2020**  
**Follow-Up Bible Study and Discussion Questions**

**Summary-** Establishing and maintaining an open channel to those close to us for good communications to take place is a challenge we all face. One godly solution is...to lead with love. We need to listen first! One of the most loving things you can do is to listen to each other, and then hearing what matters to them, convey what we want the other to know or to do in a way they will hear us. The Love Languages help us immensely. Know your spouse’s, kids, grandkids and friend’s love language! Leading with love... is the best way to build a bridge with those you care about and a great way to experience openness with one another. And in the process, you’ll likely overcome the obstacles that are hindering your communications, so you can then deal with the concerns that keep you up at night!

**GETTING TO KNOW YOU- Ice Breaker Time!**

- 1. What book or story has had the biggest impact on you (aside from the Bible)?**
  
  
  
  
  
  
  
  
  
  
- 2. If you got something spiritual tattooed on your body, what it would be and what would it symbolize? If you already have a spiritual tattoo, why did you get it? What does it symbolize?**
  
  
  
  
  
  
  
  
  
  
- 3. What is your personal Love Language? (How you best like to be shown love)**  
**Options are:**
  - 1. Words of Affirmation...**I love hearing how much I am loved/appreciated &why.
  - 2. Quality Time-** I love getting someone’s undivided attention.
  - 3. Receiving Gifts-** I love getting a gift & the effort it took to get it for me.
  - 4. Acts of Service-** I love someone relieving a burden I usually have to bear in my life.
  - 5. Physical Touch-** I love the assurance of a hug or a touch that conveys acceptance.

## **GOING DEEPER**

**1. Communicating happens when ideas and info pass successfully between two people. But there are lots of filters and hindrances to that happening successfully. Discuss some of the obstacles that two people who care for each other can run into that hurt their ability to hear what the other is saying.**

- Spouse-
- Parent & child-
- Friends-

**2. Discuss how knowing each other's Love Languages could help rebuild communication with one another in the following scenarios:**

a. Your son/daughter is becoming distant and seems to be investing his/her time in more "alone" experiences like video games, computers, texting, etc. He/she used to be outgoing, willing to join their parents and family for games, meals and travel and especially loved it when dad or mom took them, without the other kids being involved, for a drive or for a hamburger, etc.

1. From this story, what would say this child's Love Language is, and how might the parents use it to connect and interact more with them?

b. Your spouse or friend seems distant to you and becoming more matter-of-fact in your daily interactions. He/she loves to look at catalogues and shop on line, but you've noticed that when you went out of your way to think of something special for them and you gave it to them, their response turned very loving and grateful and encouraged.

1. What Love Language is likely your spouse's or friends love language as expressed in the story above? How might your focusing in on his/her love language provide ways for you to show love and open up the communication channels between you?