

Growth Group Discussion Questions
For Our Growth Groups
“Mind Games”- Part 4
“Self- Worth: Getting The Right Appraisal”
Week of November 7th , 2021

Summary- *Mind Games* is a series of messages showing us how significant our thinking is in determining our current and future behavior. It shows us how essential transformation of our thinking is, if we are to truly follow Jesus. It will take a new way of thinking to go where He wants us to go so we can serve Him and love the people He died for and rose again.

This week, we explored where the messages that build up or tear down Self-Worth come from . And, we saw that the world around you is not committed to giving you the right picture of your self-worth! Comparison is a bad way to build self- worth! In fact, it tears it down big time and ruins the message God wants you to know from Him about how much you are loved and valued for real!

Self-Worth is the victim of the tech revolution that we all participate with! We need a better strategy than “comparison” and a better mind set than “fairness” to maintain a strong sense of our self-worth and encouragement. Jesus is all over that, and Psa. 139 tells His story to us on self-worth. Let’s discuss how it discloses God’s appraisal of our worth to Him!

ICE BREAKER QUESTIONS

1. What impacted you the most from Sunday’s message on, “Getting the right appraisal of our Self-Worth”?
2. What was your response to Ben’s comment, “God is always watching”? Is that a good thing or an intimidating thing to you right now? Why?
3. React to the statement: “Life is not fair... Heaven will be more than fair”.

GOING DEEPER

1. All of us want to be valued, but it’s no surprise to most of us when we find ourselves placing our value in the wrong things and missing how much God loves and values us. How do the following verses add to what we heard this weekend and affirm God’s love and value of those who commit to follow him?

Hosea 4:6

1 John 4:4

2 Corinthians 5:17

Romans 8:31, 38-39

a. Which one of these might you have a tendency to forget, causing you to derail from experiencing and living out God's view of who you are?

2. Another aspect of understanding God's great love for us is to know that being created in God's image (Genesis 1:26) means there is intrinsic value and worth for all humans. In Psalm 8, David wrestles with the implication of this in his own life. What does he conclude about God and our value and worth in this Psalm?

3. We've all fallen into the trap of thinking too highly of ourselves on occasion. How do the following verses help us avoid this pitfall and put into action what it means to have great worth?

Ephesians 2:10

Romans 12:3

Philippians 2:3-4

4. What is your thinking about "fairness" as an expectation of this life, after the message on Sunday? What do we do when we see unfairness happening in our lives and in the lives of those around us?