

Today's Theme:

# “Adding Self Control To Keep You In The Game”

Our Greatest Regrets Often Involve Self Control

July 23, 2023

Series: “Adding Muscle To Your Faith”- Part 3

“A person without self-control is like a city with broken-down walls.” Prov.25:28

## The Truth About Self Control...

1. You're Not \_\_\_\_\_ With Self Control.

2 Pet. 1:5...Supplement your faith with a generous provision of moral excellence, and moral excellence with knowledge, 6 and knowledge with self-control...

2. It's a Very Strong Sign Of Spiritual \_\_\_\_\_!

Gal. 5:22-23

## What Does Self-Control Mean?

- \_\_\_\_\_.
- Self-\_\_\_\_\_.
- Setting \_\_\_\_\_ in Your Life!

Self Control Is Mastery Over All Our \_\_\_\_\_ and Appetites.

Prov.25:16; Prov.25:28; Prov. 29:11; Gal.5:22; Titus 2:11-12; Prov. 21:23; 2 Tim.1:7; Prov.16:32

3. You & \_\_\_\_\_ Both Play A Part In Gaining Self-Control in Your Life. Rom.6:12-13

- God's Part- Phil 2:13
- My Part- Rom.6:12-13

## Why Did Self-Control Likely Make Peter List To Add To Our Faith?

1. It Was A \_\_\_\_\_ In His Life.

2. He Knows It \_\_\_\_\_ Most Believers In How They Live For Jesus & Enjoy Their Lives.

## How Do You Grow In Self Control?

1. \_\_\_\_\_ As You Face Every Circumstance. Ja. 4:8; 2 Cor.1:20-22; 1 Cor.10:13

2. It's A \_\_\_\_\_ Discipline You Practice! Heb.12:13; Phil.2:12; Rom.6:22

3. \_\_\_\_\_ & Learn From Your Setbacks. Prov.24:16; Eph.5:25

4. Realize: You Can Build or \_\_\_\_\_ Your Life & Reputation. Self-Control Is Your Best \_\_\_\_\_! Prov.25:28

Next Week- Part 4- “Adding Perseverance To Your Faith”